**Master Shoulder**

**EMG-Measurement/Instability weight mass**

**Participant Questionnaire**

Universität Potsdam - Hochschulambulanz

Zentrum für Sportmedizin

Am Neuen Palais 10

Haus 12

14469 Potsdam

Researcher: Omar Baritello

First Supervisor: Dr. Steffen Müller

Second Supervisor: Dr. Tilman Engel

**Participant questionnaire**

**Part I**

**Anthropometrics - Sport activity**

Universität Potsdam - Hochschulambulanz

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Am Neuen Palais 10

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14469 Potsdam

Researcher: Omar Baritello

First Supervisor: Dr. Steffen Müller

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Assistent:

**a) Anthropometrics:**

\*Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \*Sex: □ m □ w

\*Height: \_\_\_\_\_\_\_ cm \*Weight: \_\_\_\_\_\_ Kg

\*Dominat shoulder: □ Right □ Left

|  |  |  |
| --- | --- | --- |
| **b) Wich sport activity do you perform regularly every week?** | | |
| **A**  .......................................  (Sport activity name) | **B**  .......................................  (Sport activity name) | **C**  .......................................  (Sport activity name) |
| I performed activity **A** in the **last 4 Weeks**  .......... **Times** (Sessions),  every **Session lasted:**  For ca. ......... **Hours**  or  ca. ............ **Minutes** | I performed activity **B** in the **last 4 Weeks**  .......... **Times** (Sessions),,  every **Session lasted:**  For ca. ......... **Hours**  or  ca. ............ **Minutes** | I performed activity **C** in the **last 4 Weeks**  .......... **Times** (Sessions),,  every **Session lasted:**  For ca. ......... **Hours**  or  ca. ............ **Minutes** |
| Professional Athlete category:\_\_\_\_\_\_\_\_\_ | Professional Athlete category:\_\_\_\_\_\_\_\_\_ | Professional Athlete category:\_\_\_\_\_\_\_\_\_ |

Comments:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_